

**Born to Run : a hidden tribe, Superathletes,
and the greatest race the world has never seen
by Christopher McDougall**

796.4209 MCDUGA

Isolated by Mexico's deadly Copper Canyons, the blissful Tarahumara Indians have honed the ability to run hundreds of miles without rest or injury. The author sets out to discover their secrets.

**Eat, Pray, Love : one woman's search for
everything across Italy, India and Indonesia by
Elizabeth Gilbert 910.4092 GILBERT**

Traces the author's decision to quit her job and travel the world for a year after suffering a midlife crisis and divorce, a journey that took her to three places in her quest to explore her own nature and learn the art of spiritual balance.

**Running with Scissors : a memoir by Augusten
Burroughs B BURROUG AUGUSTE**

The author describes his bizarre coming -of -age years after his adoption by his mother's psychiatrist, during which he witnessed such misadventures as a fake suicide attempt and front-lawn family/patient sleepovers.

Mary Queen of Scots by Antonia Fraser

B MARY STUART

A biography of one of the most romantic and controversial figures in British history

**Bold Spirit: Helga Estby's Forgotten Walk
Across Victorian America by Linda Hunt**

973.8709 HUNT

In 1896, a Norwegian immigrant and mother of eight children named Helga Estby was behind on taxes and the mortgage when she learned that a mysterious sponsor would pay \$10,000 to a woman who walked across America.

**Swimming to Antarctica: tales of a long-
distance swimmer by Lynne Cox**

B COX LYNNE

Lynne Cox started swimming almost as soon as she could walk. By age sixteen, she had broken all records for swimming the English Channel. She even swam a mile in the Antarctic.

**The Cowboy and his Elephant : the story of a
remarkable friendship by Malcolm**

MacPherson 599.674 MACPHER

This is the true, heartwarming story of Bob Norris, Colorado rancher and Marlboro Man, who adopts and falls in love with a female baby elephant that was born on the plains of Southern Africa. In a "cull," her family was slaughtered and the terrified and bewildered the young elephant was transported to America to be sold..... And thus begins a remarkable friendship between Bob and Amy.

Same Kind of Different as Me by Ron Hall

976.4531 HALL

A dangerous, homeless drifter who grew up picking cotton in virtual slavery. An upscale art dealer accustomed to the world of Armani and Chanel. A gutsy woman with a stubborn dream. A story so incredible no novelist would dare dream it. Gritty with pain and betrayal and brutality, this true story also shines with an unexpected, life-changing love.



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Nonfiction that reads like Fiction



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This list is for page-turning, true stories that grab you like a novel. All titles are located in the adult nonfiction collection.

The Devil in the White City: Murder, Magic and Madness at the Fair that Changed America by Erik Larson 364.1523 LARSON

A true tale of the Chicago World's Fair of 1893 that intertwines the stories of two men who shaped the history of the event--architect Daniel H. Burnham, who coordinated its construction, and serial killer Herman Mudgett who used the fair to lure his victims to their death..

In the Heart of the Sea by Nathaniel Philbrick 910.9164 PHILBRI

Tells the story of the 1820 wreck of the whaleship Essex, which in its time was as mythic as the sinking of the Titanic and which inspired Melville's classic Moby Dick, recounting its doomed crew's ninety-day attempt to survive whale attacks and the elements on three tiny lifeboats.

Angela's Ashes : a memoir by Frank McCourt B MCCOURT FRANK

is a 1996 memoir by the Irish-American author Frank McCourt, with various anecdotes and stories of his childhood. It details his very early childhood in Brooklyn, New York, but focuses primarily on his life in Limerick, Ireland. It also includes his struggles with poverty and his father's alcoholism.

Brunelleschi's Dome : how a Renaissance genius reinvented architecture by Ross King 726.6094 KING

Describes how a fifteenth-century goldsmith and clockmaker, Filippo Brunelleschi, came up with a unique design for the dome to crown Florence's magnificent new cathedral, Santa Maria del Fiore, in a

dramatic study set against the turbulent backdrop of Renaissance Italy.

A Voyage Long and Strange : on the trail of Vikings, conquistadors, lost colonists, and other adventurers in early America by Tony Horowitz 973.4092 HOROWITZ

Conveys the results of the author's spirited investigation into lesser-known aspects of the period between Columbus's voyage and the founding of Jamestown, in an accessible account that covers such topics as the conquistadors, the explorers, and slavery

Wait Till Next Year by Doris Kearns Goodwin 796.357 GOODWIN

An eccentric cast of characters populates the autobiography of a young girl who roots for the Brooklyn Dodgers with her father, while her mother suffers from a debilitating illness

Moonwalking with Einstein : the art and science of remembering everything by Joshua Foer 153.14 FOER

Citing costly memory-related inconveniences suffered by average individuals, a science journalist chronicles his own struggles with chronic forgetfulness and his life-changing year in memory training, in a guide that shares historical lore and ancient memory techniques

How the Irish Saved Civilization : the untold story of Ireland's heroic role from the fall of Rome to the rise of medieval Europe by Thomas Cahill 941.501 CAHILL

The author takes us to the "island of saints and scholars, " the Ireland of St. Patrick and the Book of Kells. A historical examination of Ireland's role in the rise of medieval Europe cites the work of countless

monks and scribes in the preservation of the West's written treasury

Midnight in the Garden of Good and Evil : a Savannah story by John Berendt 975.8724 BERENDT

In charming, beautiful, and wealthy old-South Savannah, Georgia, a local bad boy is found shot to death inside of the opulent mansion of a gay antiques dealer, and a gripping trial follows, in a gripping account of a landmark murder case.

Undaunted: Surviving Jonestown, Summoning Courage, and Fighting Back by Jackie Speier 328.7309 SPEIER

An inspiring and powerful memoir of surviving the Jonestown massacre and becoming a fearless voice against injustice and inequality by California congresswoman Jackie Speier

Dewey : the small-town library cat who touched the world by Vicki Myron 636.8092 MYRON

Traces the author's discovery of a half-frozen kitten in the drop-box of her small-community Iowa library and the feline's development into an affable library mascot whose intuitive nature prompted hundreds of abiding friendships.

Julie and Julia : 365 Days, 524 Recipes, 1 Tiny Apartment Kitchen by Julie Powell 641.5092 POWELL

Julie Powell, nearing thirty and trapped in a dead-end secretarial job, resolves to reclaim her life by cooking in the span of a single year, every one of the 524 recipes in Julia Child's legendary Mastering the Art of French Cooking.